

## **EQUIPMENT LIST**

### **Troop 2 Backpacking Camp April 2011**

**GOAL.** Carry everything you might reasonably need but nothing more. The troop philosophy is low-impact hiking and camping. Pack it in, pack it out.

**FOOD.** Bring a lunch for both Saturday and Sunday (probably eaten on the trail). Bring a dinner for Saturday evening and a breakfast for Sunday morning. These should be lightweight backpacking style meals (dehydrated) and can be shared among Scouts. Patrol leaders are responsible for bringing stoves, fuel, and matches.

**TENT.** You may use either a one-man backpacking tent or split a larger tent.

**SLEEPING BAG.** Temperatures may drop to freezing at night, so you need a **WARM** sleeping bag.

**CLOTHES.** It will probably be warm enough to hike in light-weight long pants or shorts. (One suggestion is to wear long underwear with hiking shorts on top of them.) Long underwear top and bottom are recommended. You *must* have a waterproof, windproof outer shell layer (rain gear). In addition, bring enough insulation layers (e.g., fleece) to handle freezing temperatures. A warm hat and gloves are recommended. *Avoid cotton.*

**WATER.** Bring 2 one-quart Nalgene bottles full of water, or replace one of these with a hoser/camelback hydration system. Adult leaders will bring water purification tablets to use as needed on the hike. We are camping by a stream,

### **EQUIPMENT CHECK OFF LIST**

**to wear when you start hiking:**

- underwear
- hiking shorts/pants (zip-offs recommended)
- hiking shirt/T-shirt
- hiking boots (waterproof if possible)
- hiking socks (liner socks also recommended)
- brimmed cap (360° brim recommended)
- backpack (loaded with items below)

**carried in your backpack (or pockets):**

- tent with ground cloth (may be shared)
- backpack cover (trash bag will do)
- sleeping bag
- air mattress or sleeping pad
- sunglasses
- bowl, spoon, and cup
- water bottles/camelback (see above)
- flashlight (small)
- personal first aid kit w/ moleskin
- sunscreen
- whistle
- pocket knife
- ziplock bags (2) for trash

- lunches (2)
  - Saturday dinner (see above)
  - Sunday breakfast (see above)
  - trail mix or snacks
  - personal toilet items (small/trial sizes)
  - medications (if needed)
  - toilet paper (small roll)
  - hand sanitizer (inside toilet paper roll)
  - 1/8" nylon cord
  - compass
  - rain jacket, rain pants
  - warm jacket, fleece shirts, etc.
  - warm hat
  - crocs or equivalent for camp
  - long underwear (recommended)
  - gloves (recommended)
- Patrol Leaders/assigned Staff:**
- backpacking stove, fuel, matches
  - pot for boiling water
  - large plastic cooking spoon
  - sponge with scrubber/biodegradable soap
  - supplies for skit, if needed
  - latrine shovel
  - water filter (or use tabs provide by adults)