

Equipment • Around the Island Canoe Trip

Each participant will need a waterproof dry bag, approximately 40-50 liters. You can find these on the Costco website (2 bags for \$40) or at many paddling gear websites, such as www.nrsweb.com. A tent is not required. Nylon pants, long-sleeve shirt, and water shoes with socks are suggested for better sun protection when paddling.

It is recommended that you pack two bags, a duffel bag and your waterproof dry bag. The duffel bag will be stored at Camp Emerald Bay until we return. The other will go with you to Parson's Beach for our two nights there, then loaded on our escort boats for the trip around the island. **Most Scouts do not use a tent at Parson's Beach or around the island, in which case no tent is required at Emerald Bay.**

Complete Scout uniform is required for the trip to Emerald Bay. For around the island, there is limited space on the escort boats, so take only what you need. **Bring a lunch**--the first meal served at camp is Thursday dinner. Suggestions:

FOR CANOEING

- swim trunks and/or nylon pants for canoeing
- T-shirt and/or long-sleeve nylon shirt for canoeing
- canoeing shoes, socks
- hat with 360° brim and chin strap
- knee pads and gloves (highly recommended)
- sunglasses
- sunscreen (bring a lot with high SPF)
- chapstick/lip balm
- water bottle with cord to tie onto canoe
- seasickness medication (optional)

FOR CAMPING

- change of clothes after canoeing (including shoes)
- jacket or sweater
- groundcloth
- tent (optional, see comment above)
- sleeping pad
- sleeping bag
- toilet kit with toothpaste, toothbrush
- personal first aid kit
- medications (if needed)
- small flashlight
- small towel

FOR AVALON

- change of clothes with dry shoes and socks
- money for dinner