

Equipment • Zion National Park

Equipment can be packed in a duffel bag, except that each participant will also need a backpack large enough to carry food and gear for a two day/one night backpacking trip. Everything in this pack should be inside smaller waterproof bags. A dry bag with backpacking straps is an excellent alternative.

PERSONAL EQUIPMENT

- Class A uniform required for travel
- bag lunch for trip to Zion
- backpack for 2-day hike
- smaller waterproof dry bags
- tent with rainfly (may be shared)
- groundcloth
- sleeping bag
- air mattress or foam pad
- spoon, fork, cup, bowl
- trail mix/snacks
- hiking shirt
- hiking pants/shorts (zipoff nylon pants are best)
- hiking boots/socks for day hikes
- 360° brim hat
- change of clothes/shoes for evening
- rain gear
- warm fleece top
- warm cap or hat
- long underwear top/bottom (optional)
- bandana
- water bottle (two recommended)
- water purification tablets or pump
- small flashlight or head lamp, batteries
- sunglasses with security strap
- 2 plastic trash bags
- light cord (8 feet)
- toilet paper (half roll) in ziploc bag
- hand sanitizing liquid
- toilet kit with toothpaste, toothbrush
- small towel
- sunscreen
- chapstick/lip balm
- personal first aid kit
- medications (if needed)
- short or full wet suit (if you have one)
- camera (optional)

TEAM EQUIPMENT (leaders supply)

- maps for all hikes
- permits
- food for base camp meals, spices, condiments
- food storage coolers/containers
- base camp stoves, fuel
- backpacking meals for Narrows hike (dinner, breakfast, 2 lunches)
- backpacking stoves, fuel
- repair kit with duct tape
- first aid kit (each team)
- cooking pots, pans, lids
- serving spoons, spatulas
- measuring cup
- pot scrubber pads/sponges
- biodegradable liquid soap
- bleach for sanitizing dishes
- containers for dishwashing
- net for air drying dishes
- aluminum foil
- trash bags, ziplok bags
- matches in waterproof container, lighter
- extra water purification tablets, filters
- extra hand sanitizing liquid
- extra toilet paper
- large water containers