

# **EQUIPMENT LIST**

## **Troop 2 Backpacking Camp April 27-28, 2019**

**GOAL.** Carry everything you might reasonably need but nothing more. The troop philosophy is low-impact hiking and camping. Pack it in, pack it out.

**FOOD.** Bring a lunch for both Saturday and Sunday. (Sunday lunch could be extra snacks for hike plus food left in car at trailhead.) Bring a dinner for Saturday evening and a breakfast for Sunday morning. These should be lightweight backpacking style meals (dehydrated) and can be shared among Scouts. Patrol leaders are responsible for bringing stoves, fuel, and matches. Adult leaders will help.

**TENT.** You may use either a one-man backpacking tent or split a larger tent.

**SLEEPING BAG.** Temperature may drop to freezing, so you need a WARM sleeping bag.

**CLOTHES.** It will probably be warm enough to hike in light-weight long pants or shorts. Base layer top and bottom are recommended. You *must* have a waterproof, windproof outer shell layer (rain gear). In addition, bring enough insulation layers (e.g., fleece) to handle freezing temperatures. A warm hat and gloves are recommended. *Avoid cotton.*

**WATER.** Bring 2 quarts of water, either in Nalgene or other bottles or some sort of hoser / camelback hydration system. Bring a water filter if you have one. Adult leaders will bring water filters/tablets to use as needed on the hike. We are camping by a stream.

### **EQUIPMENT CHECK OFF LIST:**

#### **to wear when you start hiking (no cotton):**

- underwear
- hiking shorts/pants (zip-offs suggested)
- hiking shirt/T-shirt
- hiking boots (waterproof if possible)
- hiking socks
- brimmed cap (360° brim recommended)
- backpack (loaded with items below)

#### **carried in your backpack (or pockets):**

- waterproof bags for inside backpack
- tent with ground cloth (may be shared)
- backpack cover (trash bag will do)
- sleeping bag (preferably in waterproof bag)
- air mattress or sleeping pad
- extra pair socks
- sunglasses
- bowl, spoon, and cup
- water bottles/camelback (see above)
- flashlight (small)
- basic first aid kit with blister care
- sunscreen
- whistle
- pocket knife (small)
- ziplock bags (2) for trash

- lunches (2)
  - Saturday dinner (see above)
  - Sunday breakfast (see above)
  - trail mix or snacks
  - personal toilet items (small/trial sizes)
  - medications (if needed)
  - toilet paper (small roll)
  - hand sanitizer
  - 1/8" nylon cord, 10-15 ft
  - compass
  - rain jacket, rain pants
  - warm jacket, fleece shirts, etc.
  - warm hat
  - crocs, sneakers or equivalent for camp
  - base layer (suggested for sleeping)
  - gloves (optional)
- #### **Patrol Leaders/assigned Staff/adults:**
- backpacking stove, fuel, matches
  - pot for boiling water
  - large plastic cooking spoon
  - sponge with scrubber/biodegradable soap
  - supplies for skit, if needed
  - latrine shovel
  - water filter (or use tabs provide by adults)